

A warm welcome to all parents of Grade IX to Parent Orientation 2021-22

*Parents are the ultimate
role models for children.
Every word, movement
and action has an effect.
No other person or outside
force has a greater
influence on a child than
the parent.*

- Bob Keeshan



*As your kids grow, they may forget what you said, but won't forget
how you made them feel." - Kevin Heath*



THE CIVIL SERVICES SCHOOL



Our Educators



THE CIVIL SERVICES SCHOOL

Principal



Ms. Richa Sharma Agnihotri

Vice Principal



Ms. Poorni Rajesh

Academic Coordinator



Dr. Kavita Verma

Counsellors



Ms Apranta



Ms. Sana

Special Educators



Ms. Navneet Saluja



Ms. Sujatha Ravi



Ms. Charlotte Thomas

Grade 9 Rep



Ms. Rekha Sharma

Grade IX Class Teachers

- 9 A -Ms. Jaya Mathur
- 9 B- Ms. Saroj Mamgain
- 9 C - Ms. Monika Marwah
- 9 D Ms .Garvita & Ms Nilakshi
- 9 E - Ms. Yashoda Pramod
- 9 F - Ms. Astha Chopra
- 9 G - Ms.Sharmila Malik
- 9 H - Ms. Suchismita Misra
- 9 I - Ms. Minakshi Khemka



**GRADE REP
CLASS TEACHERS**

Ms. Rekha Sharma

IX A	Ms. Jaya Mathur
IX B	Ms. Saroj Mamgain
IX C	Ms. Monika Marwah
IXD	Ms. Garvita / Ms. Nilakshi
IX E	Ms. Yashoda Pramod
IX F	Ms. Astha Chopra
IX G	Ms. Sharmila Malik
IX H	Ms. Suchismita Mishra
IX I	Ms. Minakshi Khemka

NETIQUETTES (INTERNET + ETIQUETTE) FOR ONLINE CLASSES.

- **Focus**
 - **Self-Discipline**
- **Have A Daily Goals List**
 - **Create A Routine**

HOW CAN YOUR CHILD MAKE THE MOST OF ONLINE CLASSES

- Taking each online class as real class.



- Avoiding Distraction 

- Taking Notes



- Asking Questions



- Creating a study space at home



- Following 20:20:20 rule, i.e. After every 20 minutes look at an object 20 m away for 20 seconds.

- Stretching during breaks

Discipline

Uniform



Mobile

Attendance

Homework
Submission

Not attending
online class

Coming late to
online class

Taking leave

FAQs

Internal assessment - if
a child misses UT or
ASL etc

Summer break this year
??

Will all UTs be online ?

Planner and Smart Skills will
be uploaded on school
website

How can we meet the
subject teachers of our
ward?

Assessments Grade IX



THE CIVIL SERVICES SCHOOL

ASSESSMENTS

ASSESSMENTS

TERM
EXAMINATION
80 MARKS

INTERNAL
ASSESSMENT
20 MARKS
FOUR COMPONENTS

A) PERIODIC TESTS 5 marks

B) MULTIPLE ASSESSMENTS 5 marks
(ORAL/CLASS DISCUSSION/FIELD WORK
/CONCEPT MAP)

C) PORTFOLIO 5 marks
Notebook/Journal

D) SUBJECT ENRICHMENT ACTIVITY 5marks
Languages : Speaking and Listening Skills
Science : Practical Lab work
Mathematics : Maths Lab Practical
Social Science: Map Work and
Project Work

Art Integrated learning

- **CBSE has introduced Art- Integrated Learning Project work for classes I to X. As part of this, at least one Art-Integrated Project in each subject shall be taken up by all students of classes IX and X from the academic session 2020-21.**
- **For Further details click on the following link for circular issued by CBSE**
http://cbseacademic.nic.in/web_material/Circulars/2020/33_Circular_2020.pdf

Important Events in the Planner for Grade IX

- ❖ **August:** (i) Parents' interaction with the Principal
(ii) Open House
- ❖ **October :** Career fair
- ❖ **January :** Open House



Non Scholastic Events



- ❖ **July:** (i) Inter MUN (ii) Club day (iii) Chess trials and matches
- ❖ **August:** (i) Cultural fest (ii) Project beta and exposure
(iii) Indradhanush (iv) Bizzonomy
- ❖ **September:** Teachers day celebrations
- ❖ **November:** (i) Stagekraft (ii) Children's day celebration
- ❖ **December:** (i) Literary days (ii) Math day
- ❖ **January:** Intra MUN

PAVA Activities

Series of activities as per guidelines of CBSE

1. Clay Art
2. Visual Art
3. Theatre
4. Indian Vocal



Work Education/Chess

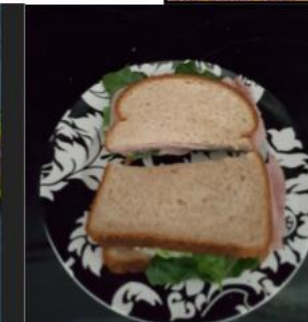
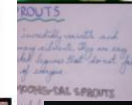
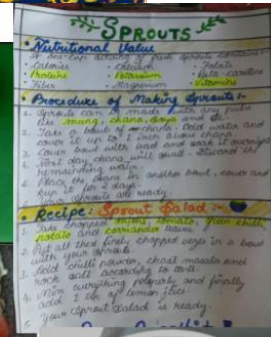
Series of activities as per guidelines of CBSE



FIRELESS COOKING

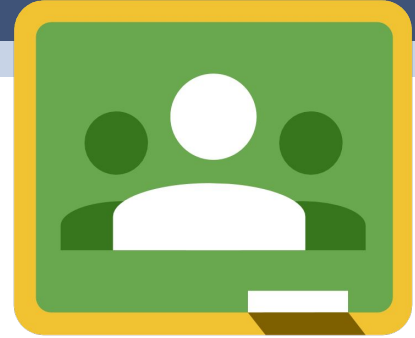


ACTIVITY



Communication

- **At Sanskriti, we believe in strong communication with parents to work towards a common goal: to facilitate the best educational experience possible for students in a safe environment.**
- **The communication with parents will be mainly through the google classroom or email**
- **Please feel free to voice your concerns and write to us at -----**



Google Classroom

www.classroom.google.com

Guardian Summaries

The image features a dark blue banner with the text "Guardian Summaries" in white. Below the banner is a thick orange bar. The background is a light blue gradient with geometric shapes.

- Guardians **can't sign in to Classroom** directly.
- You will receive email summaries by **accepting the invite** from the teacher.
 - *You can choose the frequency of the emails, such as daily or weekly.*
 - *You can unsubscribe or remove yourself from Classroom at any time.*

What will the Parents See?

Missing work—Work that's late at the time the email was sent

Upcoming work—Work that's due today and tomorrow (for daily emails) or work that's due in the upcoming week (for weekly emails)

Class activity—Announcements, assignments, and questions recently posted by teachers

What will the Parents See?

Daily summary for Aditi

Mar 22, 2021

Class activity



XI D (2020-21)

Deepti Gupta, Meenakshi Malhotra, Sutapa Neogi

Announcement

Please join XII D Classroom Meet link from now on. Today I am attaching it here.

Posted Mar 22

What will the child See?

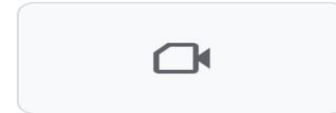


Deepti Gupta

22 Mar

Please join XII D Classroom Meet link from now on. Today I am attaching it here.

Attachments



 Class video meeting

Add class comment



Counselling

The image is a graphic design with a white background. A large, dark blue arrow points from the left towards the right, starting from the left edge and ending near the right edge. The word "Counselling" is written in white, bold, sans-serif font inside the dark blue arrow. At the bottom of the image, there is a horizontal orange bar that points from the right towards the left, starting from the right edge and ending near the left edge. The background is white, with light blue geometric shapes in the top-left and bottom-left corners.



*Career
Counselling*

*Social Emotional
Counselling*

*Referrals for Expert Help
and Assessments*

*Life Skills and Career
Guidance Sessions*



Starting High School in the Pandemic



1. The kids have been real troopers.
2. Everyone's relationship with online school is different and **changing**
3. Reflect **together** on what your child and you are losing in the context of this pandemic + what you can/cannot fix + strengths and coping strategies that worked in the past + plan for fears
4. When in doubt, empathy, kindness and support are the way to go.
5. Do not try to do it all alone. Reach out for help from family and friends, other parents, teachers and the school.
6. Look out for signs that your child needs help

Warning Signs To Look Out For

- They become obsessive/secretive about being online.
- They receive phone calls from people you do not know or makes calls to numbers that you do not recognize
- They suddenly stop doing school work or start missing classes
- They receive gifts, mail, or packages from someone you do not know
 - They withdraw from family and friends
 - Look out for any sudden appearance/clothing that covers/suspicious injuries
 - They tell you they need help
- Weight loss or gain and lack of hygiene may be a sign of emotional distress
- They change screens or turns off computer when an adult enters a room
 - They get angry when he or she can't get online

Supporting your child in a time of disruption

Tip #1 - It is okay to feel overwhelmed
Reduce/remove unnecessary tasks in both your schedules - not everything is urgent/important



Tip #2 - Prevent digital overload from happening

Family Exercise/Game Time + Prescribed Daily Fun + Tech-free zones
Parents as role models




Tip #3 - Help your child fighting loneliness
Creating a community of support + Communicating Needs +
Monitoring for safe internet use




Tip #4 - Build a routine together

Big 5 - Sleep, diet, hydration, exercise and regulated electronic use/media consumption



Dealing with disruption: Resources for you and your child

- UNICEF - [Coronavirus disease \(COVID-19\): What parents should know](#)
 - UNESCO - [Covid Educational disruption and response](#)
 - WHO - [Facts and updates about COVID-19](#)
 - WHO Tips for [healthy parenting](#)
 - [9 tips for parents navigating online learning with their children due to Coronavirus](#)
 - KIDSHEALTH INTERNET SAFETY - <https://kidshealth.org/en/parents/net-safety.html>
 - AMERICAN PSYCHOLOGICAL ASSOCIATION - <https://www.apa.org/helpcenter>
- 

Changing Role of Parents in Career Selection



Assure them that you have confidence in them



Motivate them to pursue their passion



Listening with patience is the Key



Take a step back



Stop your child from falling prey to peer pressure

Why to start planning early ??

- Time for research and planning
- Skill Preparation + Additional requirements
- Trials and errors
- Clear Goals
- Minimizing Distractions

How to start planning ??

Go beyond their
interest and passion

Explore the learning,
work, and future
professional options

Shortlist a few
options

But avoid being
rigid in your
approach/ decision



Encourage them to
evaluate themselves

Assess your access to
help

Help them test the
waters

Talk/ spend days
with professional

Plan of Action



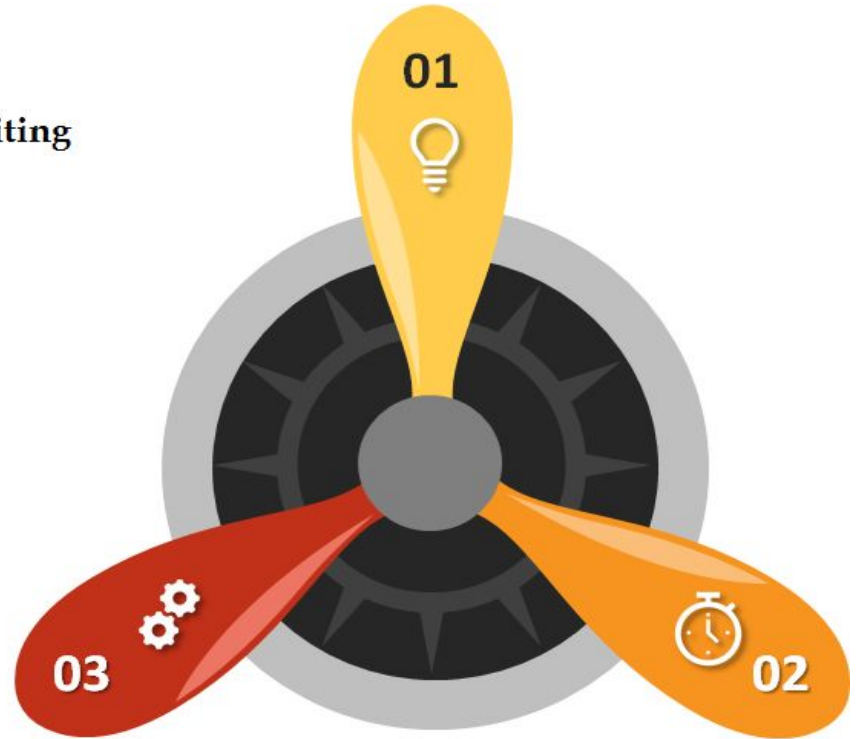
**Profile Building & Resume Writing
(July, 2021)**



Career Fair (October, 2021)



Webinars/Opportunities by University



**Thank you for
your presence and
support**